OVERVIEW

The Department of Planning and the Johns Hopkins Center for a Livable Future collaborate to examine the Baltimore food environment through research, analysis and mapping in order to inform the work of the City’s Baltimore Food Policy Initiative (BFPI). Please refer to Baltimore City’s Food Environment: 2018 Report for more in-depth information.

HEALTHY FOOD PRIORITY AREA

Healthy Food Priority Areas show where four factors related to food access overlap. The four criteria listed below determine if an area is a Healthy Food Priority Area. These areas were previously referred to as “food deserts.”

KEY FINDINGS

- The 9th District has the highest proportion of residents living in a Priority Area of all council districts with 56%, compared to 23.5% citywide.
- Over 23,000 (58%) Black residents live in Priority Areas, compared to only 1,600 (40%) White residents.
- Seniors are the most likely age group to live in Priority Areas.

RESIDENT PERSPECTIVE

“Just because you live near a grocery store does not mean that you have healthy choices. The grocery stores in Baltimore City are not all created equally - there is a drastic different in the quality and freshness of the produce, seafood and meats.”

2017 Resident Food Equity Advisor, District 9

PRIORITY AREA FACTORS

1. The average Healthy Food Availability Index (HFAI) score is in the lowest tier
2. The median household income is at or below 185% of the Federal Poverty Level
3. Over 30% of households do not have a vehicle available
4. The distance to a supermarket is more than ¼ mile

HEALTHY FOOD PRIORITY AREA FACTORS BY PERCENT OF 9TH DISTRICT RESIDENTS

PERCENT OF EACH POPULATION GROUP LIVING IN A HEALTHY FOOD PRIORITY AREA

How to read this graph (example):
Of all the children living in the 9th District, 6,886 (58%) live in a Healthy Food Priority Area.
2018 Food Environment Map - District 9

Healthy Food Priority Areas
Council Boundaries
Neighborhood Boundaries

Food Retail
- Supermarkets (1)
- Small Grocery & Corner Stores (87)
- Convenience Stores (9)
- Farmers Markets (0)
- Public Markets (1)
- Virtual Supermarkets (2)

Nutrition Assistance
- After School Meal Sites (31)
- Kids' Summer Meal Sites (53)
- Senior Meal Sites (2)
- Food Pantries and Meal Sites (58)

Streets
Urban Agriculture
- Urban Farms (1)
- Community Gardens (2)

JOHNS HOPKINS
CENTER FOR A LIVABLE FUTURE

BALTIMORE CITY HEALTH DEPARTMENT

Baltimore Development Corporation
Healthy Food Availability Index (HFAI) scores show the quantity and variety of staple food groups and healthy options. Scores range from 0-28.5. HFAI awards stores points based on the presence of a market basket of staple foods and whether healthy options of common foods are available (i.e. whole grain bread).

**FOOD RETAIL**

The retail food environment includes various store types, and stores within each format can serve as sources of healthy affordable food.

**HFAI SCORE RANGE:**

<table>
<thead>
<tr>
<th>Score Range</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>(19.1 - 28.5)</td>
<td>High</td>
</tr>
<tr>
<td>(9.6 - 19)</td>
<td>Medium</td>
</tr>
<tr>
<td>(0 - 9.5)</td>
<td>Low</td>
</tr>
</tbody>
</table>

**STORE CATEGORIES**

<table>
<thead>
<tr>
<th>Number</th>
<th>Avg HFAI Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>SMALL GROCERY AND CORNER STORES</td>
<td></td>
</tr>
<tr>
<td>87</td>
<td>8.8</td>
</tr>
</tbody>
</table>

There are 87 stores in this category, the most of any district. The average HFAI score for these stores is 8.8, which is below the Priority Area threshold, and considerably below citywide average.

**CONVENIENCE STORES**

<table>
<thead>
<tr>
<th>Number</th>
<th>Avg HFAI Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chain Convenience: District 9 has 1 chain convenience store with a score of 7.5, indicating it carries a low amount of healthy food.</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>7.5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number</th>
<th>Avg HFAI Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pharmacy: Overall, pharmacies have an average score of 8.5, which is low, but many have the potential to carry more staple foods, perhaps by connecting specific healthy foods to medical needs.</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>8.5</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Number</th>
<th>Avg HFAI Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discount: 5 discount stores sell a variety of non-perishable and some perishable foods, yet overall HFAI scores are very low. All 5 accept SNAP but none WIC, which may mean they are not accessible to all shoppers, especially those with children.</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>11.1</td>
</tr>
</tbody>
</table>

**PUBLIC MARKETS**

<table>
<thead>
<tr>
<th>Number</th>
<th>Avg HFAI Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hollins Market provides a certain level of healthy staple foods, but could serve an important role by increasing the amount of staple healthy food and decreasing the amount of processed foods. Avenue Market is close to the NE corner of the 9th District and will soon undergo renovation and improvement.</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>15.0</td>
</tr>
</tbody>
</table>

**SUPERMARKETS**

<table>
<thead>
<tr>
<th>Number</th>
<th>Avg HFAI Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall, supermarkets provide the widest variety of healthy staple foods. The 1 supermarket in District 9 has an HFAI score of 27.5.</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>27.5</td>
</tr>
</tbody>
</table>

**HIGHER HFAI SCORES IN SNAP AND WIC STORES**

Only 18 small grocery and corner stores (out of 87 small stores in the district) accept WIC and SNAP benefits, yet analysis shows a 41% increase in HFAI score compared to stores of the same size that only have SNAP.

**SNAP: Supplemental Nutrition Assistance Program** (formerly food stamps)

Stores that accept SNAP have an HFAI score 18% higher than stores of the same size that do not accept nutrition benefits. 75 (out of 95) small grocery, corner, and convenience stores accept SNAP, yet most only carry the minimum stocking requirements.
Food and Nutrition Assistance

**SUMMER MEALS**
58% of children in the district live in Priority Areas. The 9th District served nearly 95,000 summer meals across 53 sites in 2016.

**AFTER SCHOOL MEALS**
31 after school meals sites serve the 9th District, out of 268 sites citywide.

**FOOD PANTRIES AND MEAL SITES**
There are 58 sites that are served by the Maryland Food Bank, out of 425 sites citywide.

**SENIOR MEALS**
There are 2 Eating Together sites serving 50 seniors. 60% of seniors in the district live in Priority Areas.

**VIRTUAL SUPERMARKET**
The Virtual Supermarket primarily serves senior and disabled housing sites. There are 2 sites in the 9th District.

Urban Agriculture

**FARMERS MARKETS**
The 9th District does not have any farmers markets.

**URBAN FARMS**
Bon Secours Community Works Urban Farm is the 9th District

**COMMUNITY GARDENS**
The 2 community gardens in the district may provide opportunities for household-level food access.

Healthy Food Environment Strategy

Food environment mapping and analysis inform and guide BFPI’s work. The 2018 food environment analysis led BFPI to update its guiding Healthy Food Environment Strategy. The following citywide goals have applications at the state, city, and neighborhood levels. These maps and analyses are used to inform, create, and evaluate food policies. Together, BFPI agencies implement the following strategies:

- Support resident-driven processes to guide equitable food policy, programs and resources
- Improve small grocery, corner, convenience stores
- Retain and attract supermarkets
- Increase the ability of the public markets to anchor the healthy food environment
- Implement supply chain solutions that support healthy food distribution and small businesses
- Maximize the impact of federal nutrition assistance and meal programs
- Support urban agriculture, emphasizing historically disenfranchised populations and geographies
- Address transportation gaps that impact food access

For More Information

HOLLY FREISHTAT, MS
Baltimore City Food Policy Director
Baltimore Food Policy Initiative
holly.freishtat@baltimorecity.gov

Food Environment Report

Footnotes:
1. Chart displays 185% of Federal Poverty Level by count of residents adjusted for household size. Priority Area poverty calculations are based on household Median Income.
2. *Per US Census categories, “Other” is a combination of American Indian, other, Hawaiian/Pacific Islander, and “Two or More”.
   **Hispanic is an ethnic classification that includes all races. There may be overlap between Hispanic and other racial categories.
3. Percent increases are based on citywide averages as data by district is limited.