11TH DISTRICT
2018 FOOD ENVIRONMENT BRIEF

OVERVIEW
The Department of Planning and the Johns Hopkins Center for a Livable Future collaborate to examine the Baltimore food environment through research, analysis and mapping in order to inform the work of the City’s Baltimore Food Policy Initiative (BFPI). Please refer to Baltimore City’s Food Environment: 2018 Report for more in-depth information.

HEALTHY FOOD PRIORITY AREA
Healthy Food Priority Areas show where four factors related to food access overlap. The four criteria listed below determine if an area is a Healthy Food Priority Area. These areas were previously referred to as “food deserts.”

KEY FINDINGS
- The 11th District has the fourth lowest proportion of residents living in a Priority Area of all council districts with 11%, compared to 23.5% citywide.
- Even with relatively low impact, racial disparities exist with over 4,000 (26%) Black residents live in Priority Areas, compared to only 400 (2%) White residents.
- Children are the most likely of any age group to live in Priority Areas.

RESIDENT PERSPECTIVE
“I have seen that small family run grocery stores are just as important as large supermarkets because the goal in making healthy produce more accessible should be more businesses that sell produce distributed throughout the city instead of being concentrated points of activity where a supermarket is placed.”

Valeria Fuentes
2017 Resident Food Equity Advisor, District 11

PRIORITY AREA FACTORS
1. The average Healthy Food Availability Index (HFAI) score is in the lowest tier
2. The median household income is at or below 185% of the Federal Poverty Level
3. Over 30% of households do not have a vehicle available
4. The distance to a supermarket is more than ¼ mile

HEALTHY FOOD PRIORITY AREA FACTORS BY PERCENT OF 11TH DISTRICT RESIDENTS

PERCENT OF EACH POPULATION GROUP LIVING IN A HEALTHY FOOD PRIORITY AREA

<table>
<thead>
<tr>
<th>Population Group</th>
<th>City District</th>
<th>Percentage</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>City District</td>
<td>146,077</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Children</td>
<td></td>
<td>67%</td>
<td>1,492</td>
</tr>
<tr>
<td>Adults</td>
<td></td>
<td>36%</td>
<td>2,829</td>
</tr>
<tr>
<td>Seniors</td>
<td></td>
<td>32%</td>
<td>527</td>
</tr>
<tr>
<td>Black</td>
<td></td>
<td>42%</td>
<td>4,248</td>
</tr>
<tr>
<td>White</td>
<td></td>
<td>30%</td>
<td>417</td>
</tr>
<tr>
<td>Asian</td>
<td></td>
<td>66%</td>
<td>52</td>
</tr>
<tr>
<td>Other*</td>
<td></td>
<td>85%</td>
<td>131</td>
</tr>
<tr>
<td>Hispanic**</td>
<td></td>
<td></td>
<td>91</td>
</tr>
</tbody>
</table>

How to read this graph (example):
Of all the children living in the 11th District, 1,492 (25%) live in a Healthy Food Priority Area.
2018 Food Environment Map - District 11 - Councilman Costello

- Healthy Food Priority Areas
- Harbor, Lakes, & Streams
- Parks
- Non-Residential
- Streets
- Urban Agriculture
  - Urban Farms (0)
  - Community Gardens (4)

Food Retail
- Supermarkets (6)
- Small Grocery & Corner Stores (47)
- Convenience Stores (29)
- Farmers Markets (6)
- Public Markets (3)
- Virtual Supermarkets (3)

Nutrition Assistance
- After School Meal Sites (18)
- Kids' Summer Meal Sites (57)
- Senior Meal Sites (10)
- Food Pantries and Meal Sites (44)
FOOD RETAIL

Healthy Food Availability Index (HFAI) scores show the quantity and variety of staple food groups and healthy options. Scores range from 0-28.5. HFAI awards scores points based on the presence of a market basket of staple foods and whether healthy options of common foods are available (i.e. whole grain bread).

HFAI SCORE RANGE:

<table>
<thead>
<tr>
<th>Score Range</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>(19.1 - 28.5)</td>
<td>HIGH</td>
</tr>
<tr>
<td>(9.6 - 19)</td>
<td>MEDIUM</td>
</tr>
<tr>
<td>(0 - 9.5)</td>
<td>LOW</td>
</tr>
</tbody>
</table>

STORE CATEGORIES

The retail food environment includes various store types, and stores within each format can serve as sources of healthy affordable food.

SMALL GROCERY AND CORNER STORES

There are 47 stores in this category. The average HFAI score for these stores is 8.3, which is below the Priority Area threshold, and considerably below citywide average.

CONVENIENCE STORES

Discount: 2 discount stores sell a variety of non-perishable and some perishable foods, yet overall HFAI scores are very low. Both accept SNAP but neither WIC, which may mean they are not accessible to all shoppers, especially those with children.

Pharmacy: Overall, pharmacies have an average score of 9.8. Many have the potential to carry more staple foods, perhaps by connecting specific healthy foods to medical needs.

Chain Convenience: The 6 stores have an average HFAI score of 10.1, indicating some may carry healthy food, but not significant amounts.

PUBLIC MARKETS

The three public markets are quite different in size, and number and type of vendors. Lexington’s HFAI score is 20, Cross Street is 17.5, and Avenue is 6.5. All markets are currently or will be undergoing some sort of renovation in the near future.

SUPERMARKETS

Overall, supermarkets provide the widest variety of healthy staple foods. The 6 supermarkets are run by 5 different operators, and while similar in basic stocking, may vary in features not scored or measured by this analysis, such as quality or affordability.

HIGHER HFAI SCORES IN SNAP AND WIC STORES

WIC: Women, Infants and Children

Only 2 small grocery and corner stores (out of 47 small stores in the district) accept WIC and SNAP benefits, yet analysis shows a 41% increase in HFAI score compared to stores of the same size that only have SNAP.

SNAP: Supplemental Nutrition Assistance Program (formerly food stamps)

Stores that accept SNAP have an HFAI score 18% higher than stores of the same size that do not accept nutrition benefits. 59 (out of 76) small grocery, corner, and convenience stores accept SNAP, yet most only carry the minimum stocking requirements.
**FOOD AND NUTRITION ASSISTANCE**

**SUMMER MEALS**
25% of children in the district live in Priority Areas. The 11th District served over 87,000 summer meals across 57 sites in 2016.

**AFTER SCHOOL MEALS**
18 after school meals sites serve the 11th District, out of 268 sites citywide.

**FOOD PANTRIES AND MEAL SITES**
There are 44 sites that are served by the Maryland Food Bank, out of 425 sites citywide.

**SENIOR MEALS**
There are 10 Eating Together sites serving 1,215 seniors. 11% of seniors in the district live in Priority Areas.

**VIRTUAL SUPERMARKET**
The Virtual Supermarket primarily serves senior and disabled housing sites. There are 3 sites in the 11th District.

**URBAN AGRICULTURE**

**FARMERS MARKETS**
The 11th District has 6 farmers markets, the most of any council district.

**URBAN FARMS**
There are no urban farms in the 11th District.

**COMMUNITY GARDENS**
The 3 community gardens in the district may provide opportunities for household-level food access.

**HEALTHY FOOD ENVIRONMENT STRATEGY**

Food environment mapping and analysis inform and guide BFPI’s work. The 2018 food environment analysis led BFPI to update its guiding Healthy Food Environment Strategy. The following citywide goals have applications at the state, city, and neighborhood levels. These maps and analyses are used to inform, create, and evaluate food policies. Together, BFPI agencies implement the following strategies:

- Support resident-driven processes to guide equitable food policy, programs and resources
- Improve small grocery, corner, convenience stores
- Retain and attract supermarkets
- Increase the ability of the public markets to anchor the healthy food environment
- Implement supply chain solutions that support healthy food distribution and small businesses
- Maximize the impact of federal nutrition assistance and meal programs
- Support urban agriculture, emphasizing historically disenfranchised populations and geographies
- Address transportation gaps that impact food access

**FOR MORE INFORMATION**

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**FOOD ENVIRONMENT REPORT**

**FOOTNOTES:**

1. Chart displays 185% of Federal Poverty Level by count of residents adjusted for household size. Priority Area poverty calculations are based on household Median Income.

2. *Per US Census categories, “Other” is a combination of American Indian, other, Hawaiian/Pacific Islander, and “Two or More”.

3. **Hispanic is an ethnic classification that includes all races. There may be overlap between Hispanic and other racial categories.

3. Percent increases are based on citywide averages as data by district is limited.

Updated 08/27/2019