OVERVIEW

The Department of Planning and the Johns Hopkins Center for a Livable Future collaborate to examine the Baltimore food environment through research, analysis and mapping in order to inform the work of the City’s Baltimore Food Policy Initiative (BFPI). Please refer to Baltimore City’s Food Environment: 2018 Report for more in-depth information.

HEALTHY FOOD PRIORITY AREA

Healthy Food Priority Areas show where four factors related to food access overlap. The four criteria listed below determine if an area is a Healthy Food Priority Area. These areas were previously referred to as “food deserts.”

KEY FINDINGS

- The 40th District has the second highest proportion of residents living in a Priority Area of all legislative districts with 39%, compared to 23.5% citywide.
- Racial disparities persist, with over 36,000 (46%) Black residents living in Priority Areas, compared to 6,500 (23%) White residents.
- Children are the most likely age group to live in Priority Areas.

RESIDENT PERSPECTIVE

“I understand the human need for access to proper sustenance. I have been the difference between a disabled/unable person having their grocery list fulfilled or being hungry just one more day because they live too far from healthy food.”

Sheena Ham
2017 Resident Food Equity Advisor, District 40

PERCENT OF EACH POPULATION GROUP LIVING IN A HEALTHY FOOD PRIORITY AREA

How to read this graph (example):
Of all the children living in the 40th District, 11,164 (45%) live in a Healthy Food Priority Area.
2018 Food Environment Map - District 40

Food Retail

- Healthy Food Priority Areas
- Legislative Boundaries
- Neighborhood Boundaries
- Streets

- Supermarkets (10)
- Small Grocery & Corner Stores (151)
- Convenience Stores (33)
- Harbor, Lakes, & Streams
- Parks
- Non-Residential
- Farmers Markets (4)
- Public Markets (2)
- Virtual Supermarkets (5)

JOHNS HOPKINS CENTER FOR A LIVABLE FUTURE

BERNARD C. YOUNG MAYOR

BALTIMORE CITY HEALTH DEPARTMENT

Baltimore Development Corporation
Healthy Food Availability Index (HFAI) scores show the quantity and variety of staple food groups and healthy options. Scores range from 0-28.5. HFAI awards stores points based on the presence of a market basket of staple foods and whether healthy options of common foods are available (i.e. whole grain bread).

**HFAI SCORE RANGE:**

- **HIGH** (19.1 - 28.5)
- **MEDIUM** (9.6 - 19)
- **LOW** (0 - 9.5)

### STORE CATEGORIES

The retail food environment includes various store types, and stores within each format can serve as sources of healthy affordable food.

#### SMALL GROCERY AND CORNER STORES

- **District 40** has 151 stores in this category, almost 30% of all small grocery and corner stores in the city. The median HFAI score for these stores is **8.3**, which is below the Priority Area threshold.

#### CONVENIENCE STORES

- **Pharmacy**: Overall, pharmacies have a median score of **8.5**, which is low, but many have the potential to carry more staple foods, perhaps by connecting specific healthy foods to medical needs.
- **Chain Convenience**: The 17 stores have a median HFAI score of **9.8**, indicating some may carry healthy food, but not significant amounts. Chain convenience may have a higher baseline of healthy food than independently-owned stores.
- **Discount**: 7 discount stores sell a variety of non-perishable and some perishable foods, yet the overall HFAI score is low. 6 store accept SNAP but not WIC, which may mean they are not accessible to all shoppers, especially those with young children.

#### PUBLIC MARKETS

- Lexington Market has an HFAI of **20** and Hollins Market has an HFAI of **15**. The redevelopment of both markets seeks to increase the amount of staple healthy food and decrease the amount of processed foods.

#### SUPERMARKETS

- Overall, supermarkets provide the widest variety of healthy staple foods. The **10** supermarkets are run by **9** different operators, and while similar in basic stocking, may vary significantly in features not scored by this analysis, such as quality or affordability.

### HIGHER HFAI SCORES IN SNAP AND WIC STORES

**WIC: Women, Infants and Children**

- Only 24 small grocery and corner stores (out of 151 small stores in the district) accept WIC and SNAP benefits, yet analysis shows a **41%** increase in HFAI score compared to stores of the same size that only have SNAP.

**SNAP: Supplemental Nutrition Assistance Program**

- Stores that accept SNAP have an HFAI score **18%** higher than stores of the same size that do not accept nutrition benefits. 144 (out of 184) small grocery, corner, and convenience stores accept SNAP, yet most only carry the minimum stocking requirements.

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**SNAP: Supplemental Nutrition Assistance Program** (formerly food stamps)
**FOOD AND NUTRITION ASSISTANCE**

**SUMMER MEALS**

Nearly 13,000 kids live in the 40th District, 45% of who live in Priority Areas. The district served over 255,000 summer meals across 128 sites in 2016.

**AFTER SCHOOL MEALS**

66 after school meals sites serve the 40th District.

**FOOD PANTRIES AND MEAL SITES**

There are 110 sites across the 40th District that are served by the Maryland Food Bank.

**SENIOR MEALS**

Nearly 14,000 seniors live in the 40th District, 40% of whom live in Priority Areas. There are 12 Eating Together sites in the district serving 343 seniors.

**VIRTUAL SUPERMARKET**

The Virtual Supermarket primarily serves senior and disabled housing sites. There are 5 sites in the 40th District.

**URBAN AGRICULTURE**

**FARMERS MARKETS**

There are 4 farmers markets in the 40th District. 3 markets accept SNAP, all have vendors that accept WIC.

**URBAN FARMS**

There are 6 urban farms in the 40th District.

**COMMUNITY GARDENS**

The 28 community gardens in the district may provide opportunities for household-level food access.

**HEALTHY FOOD ENVIRONMENT STRATEGY**

Food environment mapping and analysis inform and guide BFPI’s work. The 2018 food environment analysis led BFPI to refine its guiding Healthy Food Environment Strategy. The following citywide goals have applications at the state, city, and neighborhood levels. These maps and analyses are used to inform, create, and evaluate food policies. Together, BFPI agencies implement the following strategies:

- Support resident-driven processes to guide equitable food policy, programs and resources
- Improve small grocery, corner and convenience stores
- Retain and attract supermarkets
- Increase the ability of the public markets to anchor the healthy food environment
- Implement supply chain solutions that support healthy food distribution and small businesses
- Maximize the impact of federal nutrition assistance and meal programs
- Support urban agriculture, emphasizing historically disenfranchised populations and geographies
- Address transportation gaps that impact food access

**FOR MORE INFORMATION**

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**FOOD ENVIRONMENT REPORT**


**FOOTNOTES:**

1. Chart displays 185% of Federal Poverty Level by count of residents adjusted for household size. Priority Area poverty calculations are based on household Median Income.

2. *Per US Census categories, “Other” is a combination of American Indian, other, Hawaiian/Pacific Islander, and “Two or More”.

**Hispanic is an ethnic classification that includes all races. There may be overlap between Hispanic and other racial categories.**

3. Percent increases are based on citywide averages as data by district is limited.

Updated 08/27/2019
2018 FOOD ENVIRONMENT MAP - DISTRICT 40
URBAN AGRICULTURE

2018 Food Environment Map - District 40
Nutrition Assistance

- Healthy Food Priority Areas
- Legislative Boundaries
- Neighborhood Boundaries
- Street
- Harbor, Lakes, & Streams
- Parks
- Non-Residential
- After School Meal Sites (66)
- Senior Meal Sites (12)
- Kids’ Summer Meal Sites (128)
- Food Pantries and Meal Sites (110)